



Troop 7

Scout Camping Checklist

Scout Basic Essentials

Every scouting trip, whether a day hike or a week-long camping trip, begins with Scout Basic Essentials.

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| <input type="checkbox"/> Pocketknife | <input type="checkbox"/> Flashlight (w/ red light option) |
| <input type="checkbox"/> First-aid kit | <input type="checkbox"/> Trail food |
| <input type="checkbox"/> Extra clothing | <input type="checkbox"/> Matches and fire starters |
| <input type="checkbox"/> Rain Gear | <input type="checkbox"/> Sun protection |
| <input type="checkbox"/> Water bottle x 2 (and method to treat water in the backcountry) | <input type="checkbox"/> Map and compass |
| | <input type="checkbox"/> Insect Repellent |

Personal Overnight Camping Gear

For overnight camping trips, scouts should pack their personal overnight gear.

Required

- Scout Basic Essentials (see above)
- Clothing appropriate for the season
- Backpack with rain cover
- Sleeping bag, or two or three blankets
- Sleeping Pad
- Ground Cloth
- Mess kit (spoon, plate, bowl, cup)
- Nylon cord, 50 feet
- Cleanup kit (soap, toothbrush, floss, comb, washcloth, towel, hand sanitizer)
- Trip specific requirements:

Personal Extras (Optional)

- Watch
- Camera
- Small notebook
- Pencil or pen
- Sunglasses
- Small musical instrument
- Swimsuit
- Gloves
